

Class III
ENGLISH

Learning Objectives

- to enable the learner to communicate effectively and appropriately in real-life situations
- to use English effectively for study purpose across the curriculum
- to develop and integrate the use of four language skills i.e. listening, speaking, reading and writing
- to develop interest in and appreciation of literature

Text Books :-

1. New Sparkle Multiskill English Reader-3
2. Essentials of English Grammar and Composition-3

CYCLE - I

1. Listening Comprehension :
 - (a) Grammar Book : Pg. 93, Ex. D and E
2. Recitation :
 - (a) L-3 : Wish at Mealtime
 - (b) Being Clean
3. Reading Comprehension :
 - (a) Grammar Book : Pg. 85 and 87, Passage A and C
 - (b) Worksheet
4. Paragraph Writing :
 - (a) Holidays - Time to have fun
 - (b) Cleanliness Is Next to Godliness
5. Picture Composition - 2
6. Expressions :
 - (a) Creative Writing
 - (b) Book Review

Unit - I

1. L-1 : The Faithful Dog
2. L-3 : With at Mealtime
3. L-9 : On a Holiday

4. Grammar Book :
 - (a) L-1 : Alphabetical Order
 - (b) L-2 : The Sentence
 - (c) L-3 : Asking Questions
 - (d) L-4 : The Comma
 - (e) L-28 : Antonyms (Ex. C)

Unit - II

1. L-5 : God's Animals
2. L-13 : Kiki, the Eskimo Boy
3. L-20 : Suraj's Trumpet
4. Grammar Book :
 - (a) L-5 : Nouns
 - (b) L-6 : Nouns : Common and Proper
 - (c) L-7 : Nouns : Singular and Plural
 - (d) L-8 : Nouns : Gender
 - (e) L-9 : 's

CYCLE - II

1. Listening Comprehension :
 - (a) Grammar Book : Pg. 93, Ex. F and G
2. Recitation :
 - (b) L-17 : One Thing at a Time
 - (b) L-19 : The Animal Store
3. Reading Comprehension :
 - (a) Grammar Book : Pg. 88 and 90, Passage D and E
 - (b) Worksheet
4. Paragraph Writing :
 - (a) An Ideal Student
 - (b) My Favourite Season
5. Picture Composition - 2
6. Expressions :
 - (a) Creative Writing
 - (b) Book Review

Unit - I

1. L-4 : William Tell

2. L-6 : Ghosts in the Attic
3. L-17 : One Thing at a Time
4. Grammar Book :
 - (a) L-10 : Adjectives
 - (b) L-11 : Comparisons
 - (c) L-12 : A, An, The
 - (d) L-13 : Pronouns
 - (e) L-28 : Compound Words (Ex. D)

Unit - II

1. L-11 : The King Elephant
2. L-14 : The Seasons
3. L-18 : Ranji and One Rupee
4. Grammar Book :
 - (a) L-14 : Verbs
 - (b) L-15 : Is, Are, Am
 - (c) L-16 : Was, Were
 - (d) L-17 : Have, Has, Had
 - (e) L-23 : Short Forms
 - (f) L-28 : Anagrams (Ex. F)

CYCLE - III

1. Listening Comprehension :
 - (a) Grammar Book : Pg. 94, Ex. H and I
2. Recitation :
 - (a) L-10 : The Naughty Boy
 - (b) Don't Throw the Seeds Away
3. Reading Comprehension :
 - (a) Grammar Book : Pg. 86, Passage B
 - (b) Worksheets - 2
4. Paragraph Writing :
 - (a) Birds : My Klinded Friends
 - (b) Reading is Fun
5. Picture Composition - 2
6. Expressions :
 - (a) Creative Writing
 - (b) Book Review

Unit - I

1. L-2 : Philemon and Baucis
2. L-8 : Old and Wise
3. L-12 : A Little Mistake
4. Grammar Book :
 - (a) L-18 : Simple Present Tense
 - (b) L-19 : Present Continuous Tense
 - (c) L-25 : Prepositions
 - (d) L-26 : Conjunctions
 - (e) L-28 : Synonyms (Ex. B)

Unit - II

1. L-7 : Trees
2. L-15 : Rani in Distress I
2. L-16 : Rani in Distress II
4. Grammar Book :
 - (a) L-20 : Simple Past Tense
 - (b) L-21 : Simple Future Tense
 - (c) L-22 : Can, Cannot, Should, Should not
 - (d) L-24 : Adverbs
 - (e) L-27 : Interjections
 - (f) L-28 : Words Often Confused (Ex. A)

HINDI

हिन्दी-भाषा शिक्षण उद्देश्य :-

- भाषा अभिव्यक्ति का सशक्त माध्यम है। प्रस्तुत पाठ्यक्रम का उद्देश्य भाषा सम्बन्धी योग्यता का विस्तार करना है।
- शुद्ध बोलने एवम् लिखने की योग्यता प्रदान करना।
- अपने भावों एवम् विचारों को प्रभावशाली ढंग से व्यक्त करना।
- वार्तालाप में दक्षता हासिल करना।
- उच्चारण शुद्ध, स्पष्ट, सुश्रव्य तथा भावानकल बनाना।
- मानवीय मूल्यों का विकास करना।

पाठ्य-पस्तकें

1. रिमझिम (भाग-3)
2. चटरपटर की छलौंग एवम् अन्य कहानियाँ

3. भाषा संजीवनी व्याकरण माला (भाग-3)

- नोट :1. प्रत्येक पाठ से शब्दार्थ, नए शब्द, वाक्य-प्रयोग, प्रश्नोत्तर, अतिरिक्त प्रश्न और श्रुतलेख करवाए जाएँगे।
2. परीक्षा में पाठ के मध्य से प्रश्न पृष्ठे जाएँगे, अतः पाठ को ध्यानपूर्वक पढ़ना और दोहराना आवश्यक है।

प्रथम-सत्र

1. श्रवण मूल्यांकन
2. चित्र-वर्णन - (1)
3. गतिविधि कार्य (अभिव्यक्ति में)
4. कविता-वाचन
(क) कक्कू (पाठ-1, रिमडिम)
(ख) नाना-नानी के नाम (पृष्ठ-134, रिमडिम)
5. रचनात्मक लेखन - मूस की मजदूरी (पृष्ठ-44, रिमडिम)
6. प्रयोज्य पाठ - (क) सूरज और चाँद ऊपर क्यों गए (पृष्ठ-28, रिमडिम)
(ख) चनचन-मनमन (चुटरपुटर की छलौंग, कहानी)
7. अनच्छेद-लेखन
 1. मेरा परिचय
 2. जब मैं दादा जी के साथ मंदिर गया/गई

पहली-इकाई

- रिमडिम - 1. कक्कू (कविता) (पाठ-1)
2. शेखीबाजू मक्खी (पाठ-2)

भाषा संजीवनी व्याकरण माला -

1. हमारी भाषा
2. वर्णमाला
3. मात्राएँ
4. संयुक्त व्यंजन

दूसरी-इकाई

- रिमडिम - 1. नाना-नानी के नाम (कविता) (पृष्ठ-134)
2. चाँद वाली अम्मा (पाठ-3)

चुटरपुटर की छलौंग - टिनी और मिनी (कहानी)

भाषा संजीवनी व्याकरण माला -

1. संज्ञा
2. विलोम शब्द (अंधकार से आरंभ तक)
3. पर्यायवाची शब्द (प्रभु से चाँद तक)
4. वर्तनी में सामान्य अशुद्धियाँ

द्वितीय-सत्र

1. श्रवण मूल्यांकन
2. चित्र-वर्णन - (1)
3. गतिविधि कार्य (अभिव्यक्ति में)
4. कविता-वाचन
(क) मन करता है (पाठ-4, रिमडिम)
(ख) हमसे सब कहते (पाठ-6, रिमडिम)
5. रचनात्मक लेखन - अक्ल बड़ी या भैंस (पृष्ठ-75, रिमडिम)
6. प्रयोज्य पाठ - (क) क्योंजीमल और कैसे कैसलिया (पाठ-10, रिमडिम)
(ख) कब आऊँ (पाठ-9, रिमडिम)
7. अनच्छेद-लेखन
 1. मैं रंग-बिरंगा मोर हूँ
 2. हमारा तिरंगा

पहली-इकाई

- रिमडिम - 1. मन करता है (कविता) (पाठ-4)
2. बहादुर बिल्लो (पाठ-5, रिमडिम)

चुटरपुटर की छलौंग - पार्क में खेल (कहानी)

भाषा संजीवनी व्याकरण माला -

1. लिंग
2. वचन
3. मुहावरे (1 से 6 तक)
4. अनेकार्थक शब्द (1 से 5 तक)

दूसरी-इकाई

- रिमझिम -** 1. टिपटिपवा (पाठ-7, रिमझिम)
2. हमसे सब कहते (कविता) (पाठ-6)

चुटरपुटर की छलौंग - चलना ही जिंदगी है (कहानी)

भाषा संजीवनी व्याकरण माला -

1. सर्वनाम
2. विलोम शब्द (मित्र से सुख तक)
3. पर्यायवाची शब्द (पानी से फल तक)
4. वाक्यांश के लिए एक शब्द (1-9 तक)

ततीय-सत्र

1. श्रवण मूल्यांकन
2. अपठित गद्यांश - मीरा बहन और बाघ (पाठ-11, रिमझिम)
3. गतिविधि कार्य (अभिव्यक्ति में)
4. कविता वाचन - (क) सर्दी आई (पृष्ठ-92, रिमझिम)
(ख) पत्तियों का चिड़ियाघर (पृष्ठ-133, रिमझिम)
5. रचनात्मक लेखन - (क) जब मुझे साँप ने काटा (पाठ-12, रिमझिम)
(ख) कहानी की कहानी (पृष्ठ-100, रिमझिम)
6. प्रयोज्य पाठ - मिर्च का मजा (पाठ-114, रिमझिम)
7. अनच्छेद-लेखन
 1. मेरा प्रिय त्योहार
 2. जब मैं पिकनिक पर गया/गई

पहली-इकाई

- रिमझिम -** 1. बंदर बाँट (पाठ-8, रिमझिम)
2. सर्दी आई (पृष्ठ-92, रिमझिम)

चुटरपुटर की छलौंग - तन छोटा - मन बड़ा (कहानी)

भाषा संजीवनी व्याकरण माला -

1. विशेषण
2. विलोम शब्द (सत्य से दिन तक)
3. पर्यायवाची शब्द (धरती से हाथी तक)
4. वाक्यांश के लिए एक शब्द (10-18 तक)

दूसरी-इकाई

- रिमझिम -** 1. सबसे अच्छा पेड़ (पाठ-14, रिमझिम)
2. पत्तियों का चिड़ियाघर (पृष्ठ-133, रिमझिम)

चुटरपुटर की छलौंग - चुटरपुटर की छलौंग (कहानी)

भाषा संजीवनी व्याकरण माला -

1. क्रिया
2. विराम-चिह्न
3. अनेकार्थक शब्द (6-10)
4. महावरे (7-12)

MATHS

Learning Objectives

To enable the students to

- understand basic mathematical concepts and skills needed to tackle real life problems
- use four fundamental operations on numbers with speed and accuracy
- cultivate logical thinking and reasoning skills
- understand various kinds of measurements such as length, mass, capacity, money and time and use these in situations arising in the learner's immediate environment
- develop scientific temperament

Text Books :

1. Maths Xpress-3 (Revised Edition)
2. Mathemind - Practice in Mental Maths-3 (Revised Edition)

Note : Activities will be marked thrice a year

CYCLE - I

UNIT - I

Chapter-1 - Large Numbers
Ex 1.1 to 1.8

Chapter-12 - Data Handling
Ex. 12.1 (Delete Ex. 12.2)

Mental Maths - Ex. 1, 2, 3, 4, 6, 8, 9, 10, 53, 54, 55

UNIT - II

- Chapter-2 - Addition
Ex 2.1 to 2.9 (Delete Estimating the sum)
- Chapter-7 - Shapes
Ex 7.1 to 7.3
- Chapter-8 - Patterns and Symmetry
Ex. 8.1 to 8.4
- Mental Maths - Ex. 5, 7, 13, 14, 48, 49, 50, 51, 52

Activities

1. Representation of numbers on abacus.
2. To identify a number as an even number or an odd number by making pairs of beads / stars / flowers.
3. To count and record the number of edges and corners obtained after folding a square sheet.

CYCLE - II

UNIT - I

- Chapter-3 - Subtraction
Ex. 3.1 to 3.8 (Delete Estimating the difference)
- Chapter-6 - Fractions
Ex. 6.1 to 6.3
- Mental Maths - Ex. 15, 30, 31, 32, 33, 34, 35 (Q1, 2, 3), 36

UNIT - II

- Chapter-4 - Multiplication
Ex 4.1 to 4.6
- Chapter-9 - Metric Measures
Ex 9.4 to 9.5
- Mental Maths - Ex. 11, 12, 19, 21, 22, 23

Activities

1. Add and Subtract using (10 × 10) grid
2. To make multiplication tables using sticks.
3. To show fractions in various shapes.

CYCLE - III

UNIT - I

- Chapter-5 - Division
Ex 5.1 to 5.11

- Chapter-10 - Time
Ex 10.1 to 10.3

Mental Maths - Ex. 24, 25, 26 (Q2), 27, 28, 44, 45, 46, 47

UNIT - II

- Chapter-9 - Metric Measures
Ex 9.1 to 9.3, 9.6, 9.7
- Chapter-11 - Money
Ex 11.1 to 11.5
- Mental Maths - Ex. 37, 38, 39, 42, 43

Activities

1. To find a magic square in the calendar.
2. To experience money transactions using fake notes and coins.
3. To divide using repeated subtraction.

E.V.S.

Learning Objectives

- to create awareness and sensitivity in the child towards his natural environment
- to provide maximum opportunities to the child to observe things independently and participate in group activities
- to lay stress on physical exercise and hygiene
- to develop healthy habits and human values

Text Book : Millennium's My Green World - 3

CYCLE - I

UNIT - I

- Chapter-1 : Parts of Our Body
- Chapter-2 : Keeping Safe and Healthy
- Chapter-12 : Cities and Villages

Diagrams

- (a) Sense Organs

UNIT - II

- Chapter-3 : The Food We Eat
- Chapter-16 : Transport and Communication
- Chapter-17 : Living and Non-Living Things

Diagrams

- (a) Energy giving foods
- (b) Body-building foods
- (c) Protective foods

Library Project

- (i) Chapter-6 : Family
- (ii) Go Green - Protect your environment

CYCLE - II

UNIT - I

- Chapter-7 : People and their Workplace
- Chapter-14 : Unity in Diversity
- Chapter-20 : Clean Water and Air

Diagrams

- (a) Forms of Water
- (b) Water Cycle

UNIT - II

- Chapter-11 : Early Humans
- Chapter-15 : The Story of Fire
- Chapter-18 : Plants - Our Friends

Diagrams

- (a) Photosynthesis

Mapwork - India (Political)

- (a) Four metropolitan cities - Delhi, Mumbai, Kolkata and Chennai
- (b) Water bodies around India

Library Project

- (a) Chapter-8 : Our festivals
- (b) Chapter-9 : Reaching Places

CYCLE - III

UNIT - I

- Chapter-4 : Home Sweet Home
- Chapter-10 : Land and Rivers
- Chapter-22 : Earth and the Sky

Diagrams

- (a) Formation of Day and Night

Mapwork - World (Physical)

- (a) Oceans
- (b) Continents

UNIT - II

- Chapter-5 : Clothes We Wear
- Chapter-19 : Animals and Birds
- Chapter-21 : Weather and Seasons

Diagrams

- (a) Food Chains
- (b) Tailor bird's nest
- (c) Weaver bird's nest

Mapwork - India (Political)

- (a) Neighbouring countries of India
- (b) Water bodies around India
- (c) Andaman and Nicobar islands
- (d) Lakshadweep islands

Library Project

- (i) Chapter-13 : Our Identity
- (ii) Famous Sports Personalities

COMPUTER SCIENCE

Learning Objectives :

- Teaching of computer helps the students
 - to develop drawing skills in computer
 - to use an appropriate style and format to type in MS-Word
 - to develop logic for problem solving

Text Book : Tools 16 (Class-3)

CYCLE - I

Lesson 1 : Parts of a Computer

- How does a Computer Work?
- Parts of a Computer
- What Makes a Computer Powerful?
- Disadvantages of a Computer

Lesson 7 : Working with MS-Paint

- Features

- How to Open Paint?
- Using Tools/Shapes/Select Tool
- Moving an Object
- Using Paste Option
- Copying an Object
- Drawing Different Shapes
- Flipping the Picture
- Resize/Skew the Picture
- Opaque and Transparent in Paint
- Zooming the Picture
- Setting a Drawing as a Desktop Background
- Saving/Opening a Drawing

CYCLE - II

Lesson 4 : Understanding Windows 10

- Features of Windows 10
- Windows Taskbar
- Selecting and Deselecting Icon
- Selecting Adjacent and Non-Adjacent Items
- Opening a Program
- Sorting/Arranging the Desktop Icons
- Changing the Background/Screen Saver
- Mouse Pointer Shapes
- Shut Down Your Computer

Lesson 8 : Introduction to Scratch

- Scratch - A Simple Language
- Starting Scratch
- Main Components of Scratch
- Moving a Sprite
- Drawing a Colourful Circle
- Making a Duplicate Copy of Sprite
- Saving and Opening a Saved Project

Lesson 9 : Simple Movement of Sprite

- Creating a New Project
- Changing the Appearance of Sprite

- How to make a Sprite Say Something?
- Repeating Actions
- Adding Sound

CYCLE - III

Lesson 2 : Hardware and Software

- Hardware
- Software

Lesson 5 : Editing Text in MS-Word 2016

- Starting Word 2016
- Entering the Text
- Selecting and Editing the Text
- Inserting/Moving/Copying and Deleting the Text
- Using Undo and Redo Commands
- Checking Spellings and Grammar
- Using Thesaurus

Lesson 6 : Formatting a Document

- Changing the Font Type
- Applying Bold, Italic and Underline Effects
- Changing Text Colour/Text Case/Text Alignment
- Applying Superscript and Subscript Effects
- Creating Bulleted or Numbered List
- Applying Border and Shading and Drop Cap Effect

For Practical Sessions only - Lesson 3 : Tux Paint

ART

Learning Objectives

- to develop creative expression through locally available material with the help of the community.
- to help the students to use artistic and aesthetic sensibility in day to day life.

Text Book : Aesthetics Art & Activity (Book-3)

Art File

CYCLE - I

Aesthetics Art & Activity — Pg. 3-15

Art File — (i) Steps to draw - Birds and Honey Bee

- (ii) Landscape
- (iii) Blooming flowers with butterflies and bees
- (iv) Rainy Day

CYCLE - II

Aesthetics Art & Activity — Pg. 16-28

- Art File** —
- (i) Poster on Go Green
 - (ii) Flower Pot
 - (iii) Dussehra Scene
 - (iv) Diwali Scene

CYCLE - III

Aesthetics Art & Activity — Pg. 29-40

- Art File** —
- (i) At the Beach
 - (ii) Ducks and Ducklings
 - (iii) X-Mas Tree
 - (iv) Fun in Snow

WORK EXPERIENCE

1. Badge Making
2. Rakhi Making/Gift Wrapping
3. Diya Decoration
4. Finger Puppet (Cartoon Character)
5. Card Making
6. Cooking without Fire
7. Christmas Tree Decoration

MUSIC

Learning Objectives

- to develop an appreciation for music through knowledge of different notes and rhythm.
- to distinguish different styles and forms of vocal music.
- to enable students to maintain emotional balance and harmony due to enhanced aesthetic values developed in them.

Indian Music

Theory

- | | |
|---------------|-------------|
| 1. संगीत | 2. सप्तक |
| 3. आरोह-अवरोह | 4. 8 अलंकार |
| 5. रूपक ताल | |

Practical

1. 8 अलंकारों का अभ्यास
2. रूपक ताल का अभ्यास
3. भूपाली राग
4. सरगम गीत
5. दो देशभक्ति गीत
 - (i) मेरे देश की धरती
 - (ii) नन्हा-मुन्हा राही है
6. प्रार्थना तथा देशभक्ति गीतों का अभ्यास।
7. Children Songs
 - (i) चुन-मुन करती आई चिड़िया
 - (ii) छोटे-छोटे हम छोटी हमारी दनिया
 - (iii) स्कूल का बस्ता लेके चले
 - (iv) Oh, My Friend Ganesha
 - (v) एक चिड़िया अनेक चिड़िया
 - (vi) दिवाली गीत
 - (vii) पाँच चूहे घर से निकले
 - (viii) चल मेरे घोड़े टिक-टिक-टिक

Western Music

Songs

1. 'O' Mr. Sun, Sun, Mr. Golden Sun
2. Honesty Song
3. Please and Thankyou Song
4. You are my Sunshine
5. Bingo Song
6. A Sailor went to Sea-Sea
7. Happiness Song
8. Good Morning, Merry Sunshine
9. Over in the meadow
10. Mother Earth Song
11. We See a peaceful world
12. Clean up our world
13. The ants go marching

14. Top of the world
15. Go Green

Prayers

1. Make me a channel of your peace
2. All things bright and beautiful
3. Count your blessings
4. A gift to you

DANCE

Learning Objectives

- to develop facial expressions and gestures
- to dance in proper synchronization with music
- to develop aesthetic sensibilities
- to develop respect for social values and cultural heritage

Practical

Body movements of : Jazz, Jive, Hip-Hop

1. Exercise - leg movements, hand movements on songs -
 - (i) Boogie-Woogie
 - (ii) Gummy Bear, Gummy Bear
 - (iii) Put your right hand in

शास्त्रीय नृत्य तथा लोक नृत्य

- कथक -
1. भूमि प्रणाम
 2. तत्कार
 3. हस्तक
 3. तीन ताल का परिचय

- लोक नृत्य -
1. पंजाब (भांगडा, गिददा)
 2. गुजरात (गरबा)

PHYSICAL EDUCATION AND HEALTH EDUCATION

Learning Objectives

- to make the students physically, mentally and emotionally fit and to develop their personal and social qualities that will help them to be good human beings

- to develop leadership qualities
- to develop team spirit
- to develop qualities like co-operation, good sportsmanship etc.

Theory

Knowledge of proper hygiene and its effect on our body
Nutrition - Balanced Diet

Practical :-

1. Athletics - Race, Long Jump and Hurdle Race
2. Ball Relay
3. Shuttle Run
4. Collecting the Hoops Race
5. Tunnel Race
6. Mass P.T.

AEROBICS

Learning Objectives

- to learn and understand the importance of physical activity and exercise
- to improve overall fitness and develop strength, flexibility and cardio-vascular fitness of the body
- to improve the ability of the body to utilize oxygen efficiently and increase longevity
- to learn how exercise relates to good health e.g. decreased stress, better heart rate and mental health

1. Warm up Exercises
2. Gentle stretching of the body muscles
3. Basic steps of Aerobics
 - (a) Marching
 - (b) Knocking
 - (c) Jumping Jack
 - (d) Heel toe, Heel tap
4. Advance steps of Aerobics
 - (a) Jumping Jack with twisting

- (b) 'V' steps
 - (c) One step
 - (d) Double step
 - (e) Heel touch
 - (f) High knee
5. Fun steps in Aerobics
6. Co-ordination of basic/advanced aerobic steps on songs
- (a) Saturday Night
 - (b) Waka-Waka
 - (c) Aerobic Steps
 - (d) Wake-up in the morning
 - (e) Sha La La La
7. Cool down exercise

