

Class III

ENGLISH

Learning Objectives

- to enable the learner to communicate effectively and appropriately in real-life situations
- to use English effectively for study purpose across the curriculum
- to develop and integrate the use of four language skills i.e. listening, speaking, reading and writing
- to develop interest in and appreciation of literature

Text Books :-

1. New Broadway - A Multi-skill Course in English, Course Book-3 (CB)
2. Essentials of English Grammar and Composition-3

CYCLE - I

1. Listening Comprehension :
 - (a) Grammar Book : Pg. 92, Ex. D and E
2. Recitation :
 - (a) He Leaves the Nest (CB, Pg. 37)
 - (b) I wish it would rain (Grammar Book, Pg. 90)
3. Reading Comprehension :
 - (a) Grammar Book : Pg. 85 and 87, Passage A and C
 - (b) Worksheet
4. Paragraph Writing :
 - (a) My Best Friend
 - (b) Rules In School
5. Picture Composition - 2
6. Expressions :
 - (a) Creative Writing
 - (b) Book Review

Unit - I

1. L-2 : Five Men in a Cart
2. I wish it would rain (Grammar Book, Pg. 90)

3. Grammar Book :
 - (a) L-1 : Alphabetical Order
 - (b) L-2 : The Sentence
 - (c) L-3 : Asking Questions
 - (d) L-4 : The Comma
 - (e) L-28 : Antonyms (Ex. C)

Unit - II

1. L-5 : Kokila's Wonderful Pot
2. L-6 : Tom's Sore Toe
3. The Camel (CB, Pg. 56)
4. Grammar Book :
 - (a) L-5 : Nouns
 - (b) L-6 : Nouns : Common and Proper
 - (c) L-7 : Nouns : Singular and Plural
 - (d) L-8 : Nouns : Gender
 - (e) L-9 : 's

CYCLE - II

1. Listening Comprehension :
 - (a) Grammar Book : Pg. 93, Ex. F and G
2. Recitation :
 - (b) There Was a Naughty Boy (CB, Pg. 78)
 - (b) Butter Churn (CB, Pg. 87)
3. Reading Comprehension :
 - (a) Grammar Book : Pg. 88, Passage D
 - (b) Worksheets - 2
4. Paragraph Writing :
 - (a) Books : Our Best Friends
 - (b) A Rainy Day
5. Picture Composition - 2
6. Expressions :
 - (a) Creative Writing
 - (b) Book Review

Unit - I

1. L-1 : Above or Below?

2. L-8 : The Pound of Butter
3. There Was a Naughty Boy (CB, Pg. 78)
4. Grammar Book :
 - (a) L-10 : Adjectives
 - (b) L-11 : Comparisons
 - (c) L-12 : A, An, The
 - (d) L-13 : Pronouns
 - (e) L-28 : Compound Words (Ex. D)

Unit - II

1. L-3 : Amin and the Eggs
2. L-7 : The Piper of Hamelin
3. Butter Churn (CB, Pg. 87)
4. Grammar Book :
 - (a) L-14 : Verbs
 - (b) L-15 : Is, Are, Am
 - (c) L-16 : Was, Were
 - (d) L-17 : Have, Has, Had
 - (e) L-23 : Short Forms
 - (f) L-28 : Anagrams (Ex. F)

CYCLE - III

1. Listening Comprehension :
 - (a) Grammar Book : Pg. 94, Ex. H and I
2. Recitation :
 - (a) Take Time For Friends
 - (b) Lessons
3. Reading Comprehension :
 - (a) Grammar Book : Pg. 86, Passage B
 - (b) Worksheets - 2
4. Paragraph Writing :
 - (a) Each One, Plant One
 - (b) Cleanliness is next to Godliness
5. Picture Composition - 2
6. Expressions :
 - (a) Creative Writing
 - (b) Book Review

Unit - I

1. L-9 : A Hundred Faces
2. L-10 : Borrowed Feathers
3. Michael O' Toole (CB, Pg. 66)
4. Grammar Book :
 - (a) L-18 : Simple Present Tense
 - (b) L-19 : Present Continuous Tense
 - (c) L-25 : Prepositions
 - (d) L-26 : Conjunctions
 - (e) L-28 : Synonyms (Ex. B)

Unit - II

1. L-4 : Be Honest at All Times
2. L-11 : The Bow
3. The Tamarind Tree (CB, Pg. 106)
4. Grammar Book :
 - (a) L-20 : Simple Past Tense
 - (b) L-21 : Simple Future Tense
 - (c) L-22 : Can, Cannot; Should, Should not
 - (d) L-24 : Adverbs
 - (e) L-27 : Interjections
 - (f) L-28 : Words Often Confused (Ex. A)

HINDI

हिन्दी-भाषा शिक्षण उद्देश्य :-

भाषा अभिव्यक्ति का सशक्त माध्यम है। प्रस्तुत पाठ्यक्रम का उद्देश्य भाषा संबंधी योग्यता का विस्तार करना है। शुद्ध बोलने एवम् लिखने की योग्यता प्रदान करना। अपने भावों एवम् विचारों को प्रभावशाली ढंग से व्यक्त करना। वार्तालाप में दक्षता हासिल करना। उच्चारण शुद्ध, स्पष्ट, सुश्रव्य तथा भावानुकूल बनाना। मानवीय मूल्यों का विकास करना।

पाठ्य-पुस्तकें

1. रिमझिम (भाग-3)
2. चुटरपुटर की छलाँग एवम् अन्य कहानियाँ

3. भाषा संजीवनी व्याकरण माला (भाग-3)

- नोट :1. प्रत्येक पाठ से शब्दार्थ, नए शब्द, वाक्य-प्रयोग, प्रश्नोत्तर, अतिरिक्त प्रश्न और श्रुतलेख करवाए जाएँगे।
2. परीक्षा में पाठ के मध्य से प्रश्न पूछे जाएँगे, अतः पाठ को ध्यानपूर्वक पढ़ना और दोहराना आवश्यक है।

प्रथम-सत्र

1. श्रवण मूल्यांकन
2. चित्र-वर्णन - (1)
3. गतिविधि कार्य (अभिव्यक्ति में)
4. कविता-वाचन
(क) कक्कू (पाठ-1, रिमझिम)
(ख) नाना-नानी के नाम (पृष्ठ-134, रिमझिम)
5. रचनात्मक लेखन - मूस की मज़दूरी (पृष्ठ-44, रिमझिम)
6. प्रयोज्य पाठ - (क) सूरज और चाँद ऊपर क्यों गए (पृष्ठ-28, रिमझिम)
(ख) टिनी और मिनी (चुटरपुटर की छलौंग, कहानी)
7. अनुच्छेद-लेखन
(क) मेरी नई कक्षा
(ख) जब मैं छुट्टियों में घूमने गया/गई

पहली-इकाई

- रिमझिम -** 1. कक्कू (कविता) (पाठ-1)
2. शेखीबाज़ मक्खी (पाठ-2)

भाषा संजीवनी व्याकरण माला -

1. हमारी भाषा
2. वर्णमाला
3. मात्राएँ
4. संयुक्त व्यंजन

दूसरी-इकाई

- रिमझिम -** 1. नाना-नानी के नाम (कविता) (पृष्ठ-134)
2. बहादुर बिल्लो (पाठ-5)

चुटरपुटर की छलौंग - चुटरपुटर की छलौंग (कहानी)

भाषा संजीवनी व्याकरण माला -

1. संज्ञा
2. विलोम शब्द (अंधकार से आरंभ तक)
3. पर्यायवाची शब्द (प्रभु से चाँद तक)
4. वर्तनी की सामान्य अशुद्धियाँ

द्वितीय-सत्र

1. श्रवण मूल्यांकन
2. चित्र-वर्णन - (1)
3. गतिविधि कार्य (अभिव्यक्ति में)
4. कविता-वाचन
(क) मन करता है (पाठ-4, रिमझिम)
(ख) मिर्च का मज़ा (पाठ-13, रिमझिम)
5. रचनात्मक लेखन - अक्ल बड़ी या भैंस (पृष्ठ-75, रिमझिम)
6. प्रयोज्य पाठ - (क) क्योंजीमल और कैसे कैसलिया (पाठ-10, रिमझिम)
(ख) कब आऊँ (पाठ-9, रिमझिम)
7. अनुच्छेद-लेखन
(क) भाई बहन का प्यार, आया राखी का त्योहार
(ख) ऋतुओं की रानी - वर्षा ऋतु

पहली-इकाई

- रिमझिम -** 1. मन करता है (कविता) (पाठ-4)
2. चाँद वाली अम्मा (पाठ-3)

चुटरपुटर की छलौंग - पार्क में खेल (कहानी)

भाषा संजीवनी व्याकरण माला -

1. लिंग
2. वचन
3. मुहावरे (1 से 6 तक)
4. विलोम शब्द (मित्र से सुख तक)

दूसरी-इकाई

- रिमझिम** - 1. बंदर बाँट (पाठ-8)
2. मिर्च का मज़ा (पाठ-13) (कविता)

चुटरपुटर की छलॉंग - चलना ही ज़िंदगी है (कहानी)

भाषा संजीवनी व्याकरण माला -

1. सर्वनाम
2. अनेकार्थक शब्द (1 से 5 तक)
3. पर्यायवाची शब्द (पानी से फूल तक)
4. वाक्यांश के लिए एक शब्द (1-9 तक)

तृतीय-सत्र

1. श्रवण मूल्यांकन
2. अपठित गद्यांश - मीरा बहन और बाघ (पाठ-11, रिमझिम)
3. गतिविधि कार्य (अभिव्यक्ति में)
4. कविता वाचन - (क) सर्दी आई (पृष्ठ-92, रिमझिम)
(ख) हमसे सब कहते (कविता) (पाठ-6, रिमझिम)
5. रचनात्मक लेखन - (क) जब मुझे साँप ने काटा (पाठ-12, रिमझिम)
(ख) कहानी की कहानी (पृष्ठ-100, रिमझिम)
6. प्रयोज्य पाठ - पत्तियों का चिड़ियाघर (पृष्ठ-133)
7. अनुच्छेद-लेखन
(क) चिड़ियाघर की सैर
(ख) मेरी प्रिय पुस्तक

पहली-इकाई

- रिमझिम** - 1. टिपटिपवा (पाठ-7)
2. सर्दी आई (पृष्ठ-92) (कविता)

चुटरपुटर की छलॉंग - तन छोटा - मन बड़ा (कहानी)

भाषा संजीवनी व्याकरण माला -

1. विशेषण
2. अनेकार्थक शब्द (6 से 10)
3. पर्यायवाची शब्द (धरती से हाथी तक)
4. मुहावरे (7 से 12)

दूसरी-इकाई

- रिमझिम** - 1. सबसे अच्छा पेड़ (पाठ-14)
2. हमसे सब कहते (पाठ-6) (कविता)

चुटरपुटर की छलॉंग - चुनचुन मुनमुन (कहानी)

भाषा संजीवनी व्याकरण माला -

1. क्रिया
2. विराम-चिह्न
3. विलोम शब्द (सत्य से दिन तक)
4. वाक्यांश के लिए एक शब्द (10 से 18)

MATHS

Learning Objectives

To enable the students to

- understand basic mathematical concepts and skills needed to tackle real life problems
- use four fundamental operations on numbers with speed and accuracy
- cultivate logical thinking and reasoning skills
- understand various kinds of measurements such as length, mass, capacity, money and time and use these in situations arising in the learner's immediate environment
- develop scientific temperament

Text Books :

1. Maths Xpress-3 (Revised Edition)
2. Mathemind - Practice in Mental Maths-3 (Revised Edition)

Note : Activities will be marked thrice a year

CYCLE - I

UNIT - I

Chapter-1 - Large Numbers
Ex 1.1 to 1.8

Chapter-7 - Shapes
Ex 7.1 to 7.3

Mental Maths - Ex. 1, 2, 3, 4, 6, 8, 9, 10, 48, 49, 51

UNIT - II

- Chapter-2 - Addition
Ex 2.1 to 2.9 (Delete Estimating the sum)
- Chapter-8 - Patterns and Symmetry
Ex. 8.1 to 8.4
- Chapter-12 - Data Handling
Ex. 12.1 (Delete Ex. 12.2)
- Mental Maths - Ex. 5, 7, 13, 14, 50, 52, 53, 54, 55

Activities

1. Representation of numbers on abacus.
2. To identify a number as an even number or an odd number by making pairs of beads / stars / flowers.
3. To count and record the number of edges and corners obtained after folding a square sheet.

CYCLE - II

UNIT - I

- Chapter-3 - Subtraction
Ex. 3.1 to 3.8 (Delete Estimating the difference)
- Chapter-6 - Fractions
Ex. 6.1 to 6.3
- Mental Maths - Ex. 15, 30 to 34, 35 (Q1, 2, 3), 36

UNIT - II

- Chapter-4 - Multiplication
Ex 4.1 to 4.6
- Chapter-10 - Time
Ex 10.1 to 10.3
- Mental Maths - Ex. 19, 21, 22, 23, 44 to 47

Activities

1. Add and Subtract using (10×10) grid
2. To make multiplication tables using sticks.
3. To show fractions in various shapes.

CYCLE - III

UNIT - I

- Chapter-5 - Division
Ex 5.1 to 5.11

- Chapter-9 - Metric Measures
Ex 9.4, 9.5
- Mental Maths - Ex. 11, 12, 24, 25, 26 (Q2), 27, 28

UNIT - II

- Chapter-9 - Metric Measures
Ex 9.1 to 9.3, 9.6, 9.7
- Chapter-11 - Money
Ex 11.1 to 11.5
- Mental Maths - Ex. 37, 38, 39, 42, 43

Activities

1. On Metric Measures.
2. To experience money transactions using fake notes and coins.
3. To divide using repeated subtraction.

E.V.S.

Learning Objectives

- to create awareness and sensitivity in the child towards his natural environment
- to provide maximum opportunities to the child to observe things independently and participate in group activities
- to lay stress on physical exercise and hygiene
- to develop healthy habits and human values

Text Book : Millennium's My Green World - 3

CYCLE - I

UNIT - I

- Chapter-1 : Parts of Our Body
- Chapter-2 : Keeping Safe and Healthy
- Chapter-17 : Living and Non-Living Things

Diagrams

- (a) Sense Organs

UNIT - II

- Chapter-3 : The Food We Eat
- Chapter-12 : Cities and Villages
- Chapter-16 : Transport and Communication

Diagrams

- (a) Energy giving foods
- (b) Body-building foods
- (c) Protective foods

Library Project

- (i) Chapter-6 : Family
- (ii) Delhi

CYCLE - II

UNIT - I

- Chapter-11 : Early Humans
- Chapter-15 : The Story of Fire
- Chapter-20 : Clean Water and Air

Diagrams

- (a) Forms of Water
- (b) Water Cycle

UNIT - II

- Chapter-7 : People and their Workplaces
- Chapter-14 : Unity In Diversity
- Chapter-18 : Plants - Our Friends

Diagrams

- (a) Photosynthesis

Mapwork - India (Political)

- (a) Four metropolitan cities - Delhi, Mumbai, Kolkata and Chennai
- (b) Water bodies around India

Library Project

- (i) Chapter-8 : Our Festivals
- (ii) Chapter-9 : Reaching Places
- (iii) Mumbai

CYCLE - III

UNIT - I

- Chapter-4 : Home Sweet Home
- Chapter-21 : Weather and Seasons

Chapter-22 : Earth and the Sky

Diagrams

- (a) Formation of Day and Night

Mapwork - World (Physical)

- (a) Oceans
- (b) Continents

UNIT - II

- Chapter-5 : Clothes We Wear
- Chapter-10 : Land and Rivers
- Chapter-19 : Animals and Birds

Diagrams

- (a) Food Chains
- (b) Tailor bird's nest
- (c) Weaver bird's nest

Mapwork - India (Political)

- (a) Neighbouring countries of India
- (b) Water bodies around India
- (c) Andaman and Nicobar Islands
- (d) Lakshadweep Islands

Library Project

- (i) Chapter-13 : Our Identity
- (ii) Chennai
- (iii) Kolkata

COMPUTER SCIENCE

Learning Objectives :

- Teaching of computer helps the students
- to develop drawing skills in computer
- to use an appropriate style and format to type in MS-Word
- to develop logic for problem solving

Text Book : IT Planet - Petabyte (Class-3)

CYCLE - I

Lesson 1 : Computer - Its Working

- Computer System

- What is a Computer?
- Working of Computer
- Characteristics of Computer

Lesson 4 : Fun with Paint

- Introduction to Paint
- Using Various Options in Paint
- Saving Drawing

CYCLE - II

Lesson 3 : Windows Operating System

- Operating System
- Windows
- Working on Desktop Screen
- Starting an App
- Restarting the Computer
- Shutting Down the Computer

Lesson 5 : Stykz - Introduction

- Introduction to Stykz
- Creating and Animating a Document
- Playing and Saving the Animation

Lesson 6 : Internet - Introduction

- Internet
- Uses of Internet
- Internet Terms

CYCLE - III

Lesson 2 : Computer - Hardware and Software

- Hardware
- Software
- Hardware and Software Complement Each Other

Lesson 7 : Word Processor (Word 2019)

- Word Processor
- Microsoft Word
- File Tab
- Ribbon

Lesson 8 : Word-Creating Document

- Project : The Wolf and the Lamb
- Creating a New Document
- Formatting Text
- Saving, Opening, Closing a Document

GENERAL KNOWLEDGE

Text Book : GK Whiz-3

CYCLE - I

Testing — Page No. 5, 9, 10, 19, 24, 39, 41, 44, 45

Reading for Pleasure — Page No. 3, 22, 27, 32, 43

Life Skills — Page No. 16, 17, 33

CYCLE - II

Testing — Page No. 2, 8, 12, 18, 23, 24, 34, 47, 49, 50

Reading for Pleasure — Page No. 4, 11, 29, 38, 48, 52

Life Skills — Page No. 14, 42

CYCLE - III

Testing — Page No. 1, 6, 13, 20, 21, 28, 35, 40, 46, 51

Reading for Pleasure — Page No. 7, 15, 30, 31, 54, 55

Life Skills — Page No. 36, 37, 53

ART

Learning Objectives

- to develop creative expression through locally available material with the help of the community.
- to help the students to use artistic and aesthetic sensibility in daily life.

Text Book : Aesthetics Art & Activity (Book-3)

Art File

CYCLE - I

Aesthetics Art & Activity — Pg. 3-16

- Art File** —
- (i) Steps to draw - Birds and Honey Bee
 - (ii) Landscape
 - (iii) Tulip Garden
 - (iv) In the Rain

CYCLE - II

Aesthetics Art & Activity — Pg. 17-28

- Art File** — (i) Poster on Go Green
(ii) Birds and Clouds
(iii) Dussehra Scene
(iv) Diwali Scene

CYCLE - III

Aesthetics Art & Activity — Pg. 29-40

- Art File** — (i) Ducks and Ducklings
(ii) Christmas Joys
(iii) Fun in Snow
(iv) New Year Card

WORK EXPERIENCE

1. Badge Making
2. Rakhi Making/Gift Wrapping
3. Diya Decoration
4. Finger Puppet (Cartoon Character)
5. Card Making
6. Cooking without Fire
7. Christmas Tree Decoration

MUSIC

Learning Objectives

- to develop an appreciation for music through knowledge of different notes and rhythm.
- to distinguish different styles and forms of vocal music.
- to enable students to maintain emotional balance and harmony due to enhanced aesthetic values developed in them.

Indian Music

Theory

- | | |
|---------------|-------------|
| 1. संगीत | 2. सप्तक |
| 3. आरोह-अवरोह | 4. 8 अलंकार |
| 5. कहरवा ताल | |

Practical

1. 8 अलंकारों का अभ्यास
2. कहरवा ताल का अभ्यास
3. भूपाली राग
4. सरगम गीत
5. दो देशभक्ति गीत (i) नन्हे-मुन्हे बच्चे तेरी मुट्ठी में क्या है?
(ii) ताकत वतन की हमसे है।
6. प्रार्थना तथा देशभक्ति गीतों का अभ्यास।
7. Children Songs (i) पाँच चूहे घर से निकले
(ii) एक बंदर ने खोली दुकान
(iii) एक मोटा हाथी घूमने गया
(iv) बिल्ली मौसी का बाज़ार
(v) स्कूल का बस्ता लेके चले
(vi) चक्के पे चक्का
(vii) चुन-मुन करती आई चिड़िया
(viii) Oh, My Friend Ganesha

Western Music

Songs

1. Let's join hands for the rainbow song
2. Up up up in a balloon
3. We are drops song
4. Clean up our world
5. Over in the meadow in the sand in the sun
6. Happiness Song
7. Right, left kind of day
8. If you are happy and you know
9. The Ants go Marching
10. She'll be coming round the mountains
11. We are so proud of our school

12. Healthy food song
13. Road safety song
14. 'O' Mr. Sun, Sun, Mr. Golden Sun
15. If all the raindrops were lemondrops

Prayers

1. Give me oil in my lamp
2. A gift to you
3. Make me a channel of your peace
4. All things bright and beautiful

DANCE

Learning Objectives

- to develop facial expressions and gestures
- to dance in proper synchronization with music
- to develop aesthetic sensibilities
- to develop respect for social values and cultural heritage

WESTERN DANCE

Practical

Body movements of : Jazz, Jive, Hip-Hop

1. Exercise - leg movements, hand movements on songs -
 - (i) Boogie-Woogie
 - (ii) Gummy Bear, Gummy Bear
 - (iii) Put your right hand in

CLASSICAL DANCE

शास्त्रीय नृत्य

- शास्त्रीय नृत्य -
1. भूमि प्रणाम
 2. हस्त मुद्राएँ
 3. ताल
- लोक नृत्य -
1. राजस्थान (घूमर)
 2. पंजाब (भांगड़ा, गिद्दा)
 3. असम (बीहू)

PHYSICAL EDUCATION AND HEALTH EDUCATION

Learning Objectives

- to make the students physically, mentally and emotionally fit and to develop their personal and social qualities that will help them to be good human beings
- to develop leadership qualities
- to develop team spirit
- to develop qualities like co-operation, good sportsmanship etc.

Theory

Knowledge of proper hygiene and its effect on our body
Nutrition - Balanced Diet

Practical :-

1. Athletics - Race, Long Jump and Hurdle Race
2. Ball Relay
3. Shuttle Run
4. Collecting the Hoop Race
5. Tunnel Race
6. Mass P.T.

AEROBICS

Learning Objectives

- to learn and understand the importance of physical activity and exercise
- to improve overall fitness and develop strength, flexibility and cardio-vascular fitness of the body
- to improve the ability of the body to utilize oxygen efficiently and increase longevity
- to learn how exercise relates to good health e.g. decreased stress, better heart rate and mental health

1. Warm up Exercises
2. Gentle stretching of the body muscles
3. Basic steps of Aerobics
 - (a) Marching

- (b) Knocking
 - (c) Step Touch
 - (d) Box Step
 - (e) Heel toe, Heel tap
4. Advance steps of Aerobics
- (a) Jumping Jack with twisting
 - (b) 'V' step
 - (c) One and two block
 - (d) Side kick with knee up
 - (e) 'i' Step
 - (f) Knee up
 - (g) Bhangra steps
5. Fun steps in Aerobics
6. Co-ordination of basic/advanced aerobic steps on songs
- (a) Toma-Toma
 - (b) Waka-Waka
 - (c) Dance Again
 - (d) Despacito
 - (e) Brazil
 - (f) Saturday Night
7. Cool down exercises