

WORLD HEALTH DAY 2020



In the year 1950 , 7th of April was declared as “**WORLD HEALTH DAY**” by the World Health Organisation.

Aim of WHO is “The World In Which All People Enjoy The Highest Attainable Standard Of Health”

Due to **COVID-19** , on this world health day 2020, WHO supports Doctors,Nurses and other Fellow health workers for keeping us healthy.They deserve respect and love from everyone.

COVID -19 has spread all over the world and is declared pandemic.

In this terrible and critical situation Doctors,Nurses and other Health workers are working 24/7 for us.

World Health Day

THEME, SLOGAN and #HASHTAG#

*'Support
Doctors, Nurses and
Health Workers''*

COVID -19

Crucial

Prevention By

WHO

Disease Prevention



Wash your hands
often with soap and
water for at least
20 seconds

SOURCE: WORLD HEALTH ORGANIZATION





#SupportNursesAndMidwives

#COVID19

Nurses and midwives
keep you and your family healthy



Take a minute to say

THANK YOU



2020
INTERNATIONAL YEAR
OF THE NURSE AND
THE MIDWIFE



World Health
Organization

So my dear students, on this day I would like to share some healthy tips among you all ;

- ▣ **Do meditation for atleast 10 minutes daily.**
- ▣ **Go for regular yoga or exercise.**
- ▣ **Think positive.**
- ▣ **Drink lots of water, fresh fruit juices, and herbal drinks.**
- ▣ **Read motivational books and stories.**
- ▣ **Make daily activity time planner for your studies.**
- ▣ **Limit your screen timings.**
- ▣ **Help your parents in their daily house chores.**
- ▣ **Sleep well.**
- ▣ **Stay home and stay safe.**

THANK YOU

